



HORIZON 1965





The

Faulkner

~~Lark~~

Family

is

DAD + MOM +

Marilyn + Patricia +

Siobhanta + ^{Angela} ~~Algebra~~

+ Kelly +

Tiger + Snow-

bag + buster + Rarste
bust + Rarste

Students
of
Selkirk Hospital
for
Mental Diseases

Present Horizon '65

THE TEST OF A MAN

There's little satisfaction to be gained from doing things that hold no difficulties; it's the tough old task that brings keen sense of worth and power to the man who wins the fight; his failures test his courage and his problems prove his might. Until a man has conquered loss and overcome defeat he cannot fully understand just why success is sweet.

I'm thankful for my disappointments, for the battles lost, and for mistakes that seem to charge an overwhelming cost; I'm thankful for the days of doubt, when it was hard to see that all things work together for the good that is to be; I'm glad for all that life has brought, because today I know that men must brave adversities if they would greater grow.

O. Lawrence Hawthorne



Miss L. W. Lethbridge R. N.

Dedication

Our three years of intensive preparation in the field of Psychiatric Nursing are behind us, and we now enter a new phase of life. Some of us may go further afield in our studies, others will continue to work in this field as Registered Psychiatric Nurses. Whatever pathway we choose, we shall always be conscious of the fine nursing qualities you have instilled in us. We are most grateful for your encouragement, guidance, and the interest you have shown in us, not only as students, but as individuals.

To you Miss Lethbridge, we proudly dedicate
"HORIZON '65"

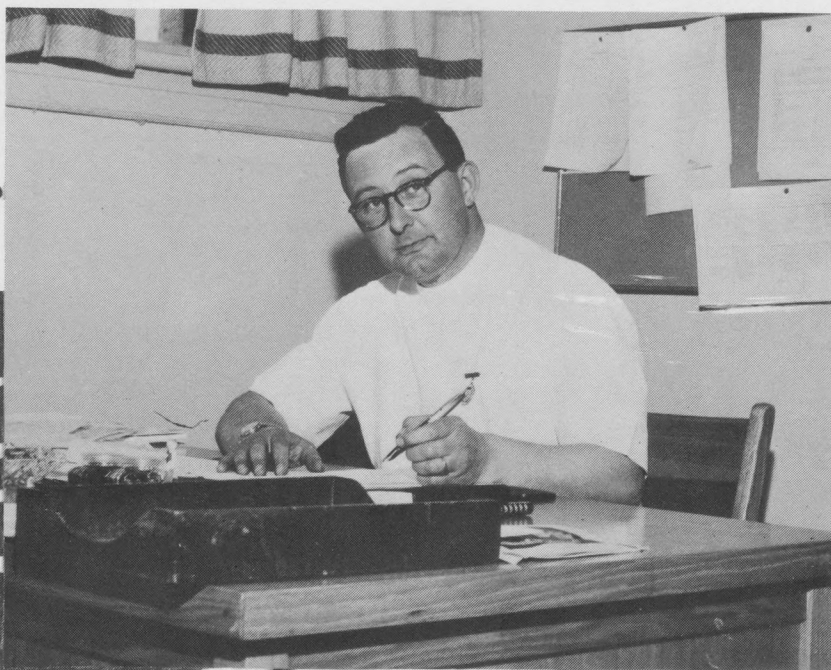


The occasion of being able to enshrine a few words in your Yearbook is one of pleasure to me; and to you is one of hope for the future and congratulations on the past. Your Class has come through the ordeal of learning to the state of membership in the helping professions.

The Nurse has never had an easy, but has always had a necessary and rewarding place in life. In psychiatric nursing, great changes in the last few years have been responsible for the profession extending ever better care to the emotionally disordered. Your tools are better and the need is clearer. However, please always remember that a Nurse is more than knowledge, more than kindness, more than care.

The patient is your reason for being, your being may mean the patient's reason.

R. H. TAVENER, M. D.
MEDICAL SUPERINTENDENT



Mr. J. R. Burns

Director of Nursing Services

Congratulations on reaching this your graduation day.

In the past three years you have learnt many things pertinent to your chosen profession, and developed qualities of character such as honesty, integrity, diligence and patience which so often in our times are considered to be "old hat" but in essence are more necessary today than ever before.

Develop your knowledge of this vast field of nursing, practice what you have learned and you reap a reward reached for by many and attained by few.

"Solon was under a delusion when he said that a man when he grows old may learn many things - for he can no more learn than he can run much - youth is the time for any extraordinary toil."

"Plato"



I offer my congratulations to the members of the Graduating Class.

By hard work, and serious study you are now enabled to practise as Psychiatric Nurses.

The profession of nursing makes demands on your physical, mental, and spiritual resources.

I pray that you will find great satisfaction in your work, that you may have good health, and enjoy the good life.

Miss M. A. Hornibrook, R. N.

Associate Director
of
Rehabilitation Services



May I extend my congratulations to the Graduating Class of 1965, and may you all enjoy continued success in your chosen career.

Mr. W. Baty, R. P. N.

Associate Director
of
Acute Services

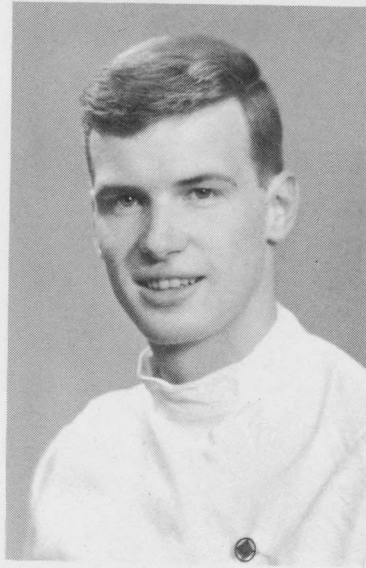


President's Message

With this, the third edition of our Yearbook, another successful year draws to a close at our training school. It has been both a privilege and a rewarding experience to have served as your president. I only hope everyone has enjoyed the year as much as I have.

To the graduating students I wish Good Luck and All the Best in the Future. As you go forth along your chosen paths as Registered Psychiatric Nurses keep before you the five basic components of a happy life: health, work, interests, friendships, and the pursuit of an ideal. Give generously of your time, ideas, and efforts and you will find that your work will yield results gratifying to all.

Clarence Mackie



Student Council



Yvonne Letourneau - Treasurer
Bill Leyland - Vice-President
Clarence Mackie - President
Elsie Widish - Secretary
Annette Thorimbert - 1st year representative
Lois Stevenson - Chairman of Social Committee
Joan Ronald - Publicity Committee
Leyah Laughlin - Chairman of Publicity to Com-
mittee

Editor's Message

HORIZON; the name of our yearbook, also conveys a special message to us as graduates. We have just completed our basic training in the field of psychiatric nursing and now look forward to a new phase of life - a new horizon.

On behalf of the grads and the yearbook committee, I wish to thank the many people who contributed toward the production of Horizon '65. You have been most generous in relinquishing the time and effort so vital to its production.

A special thank you to Mr. Cringan, the representative from Inter-Collegiate Press, who has been instrumental in giving our book that extra push to get it underway and for his advice on its preparation.

To our photographer, Mr. Magnusson, thank you for the excellent pictures you have taken, as well as for your professional advice and unfailing good humor.

To the advertisers who have made the publication of our yearbook possible, thank you for your most generous support. May we respond as equally to your aid, should the opportunity present itself.

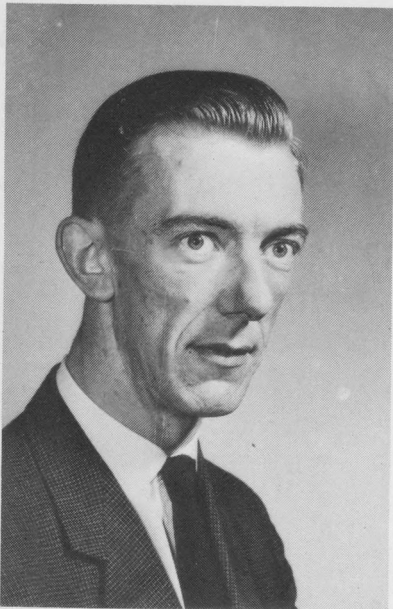
Eileen Carlson

Yearbook Committee



Bob Neufeld, Neil Bruneau, Annette Thorimbert, Joan Ronald, Bill Leyland, Clarence Mackie, Mabel Sigvaldason, Eileen Carlson.

Instructors



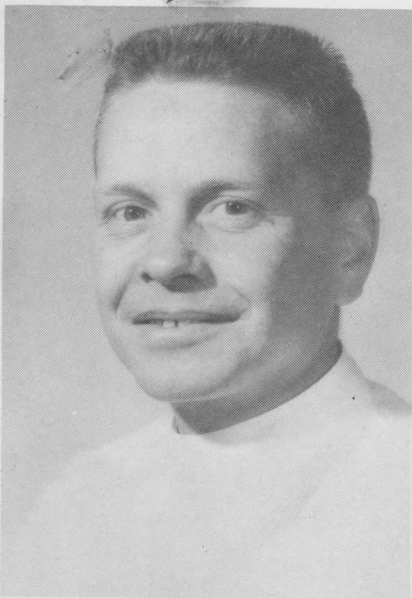
MESSAGE TO GRADUATES

I wish to give my sincere good wishes to all the new Graduates. You will soon find that learning has just begun for you, and I hope, that as you all progress in nursing you will remember the ideals you held in your training days. You have a right to be proud of your training and qualifications, maintain this pride, and continue to further the good name of the profession of Psychiatric Nurses.

Mr. R. S. Brown, R. N., R. M. N., S. T. D. (Lond).
Director of Nursing Education



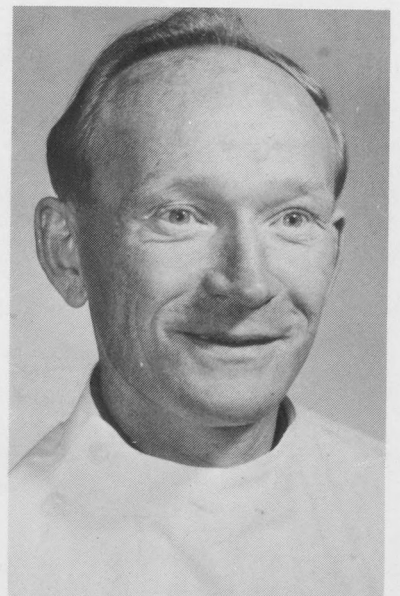
Miss S. Narfason, R. N.



Mr. S. Davidson, R. P. N.



Mrs. L. Tigchelaar, R. N., R. P. N.



Mr. J. Martyniw, R. P. N.

Grads

Back of the tool is the workman's arm,
And back of the arm is a force;
And back of the force is the spirit of God
Directing the tool in its course
Forgive us our pride in our work or our art;
Hear the prayer on our lips and the hope in our heart,
That the work we may do may be worthy, to lay
On the altar of God at the end of the day.



The Psychiatric Nurse's

Pledge

I Do Hereby Pledge my wholehearted service to those entrusted to my care . . . endeavouring at all times to understand the patient's individual emotional and physical needs and differences . . . To that end, I will strive for skill in the fulfillment of my duty, holding sacred and inviolate all confidences entrusted to me.

I Promise to respect the personal rights and privileges of my patient, and to do all in my power to prevent or alleviate physical or psychological discomfort.

I Will always be kind, tolerant and just . . . I will endeavour to cultivate a keen sense of observation and an understanding attitude.

I Acknowledge the dignity of my profession and accept the obligation it implies . . . I will faithfully perform my duties, and will give the utmost in cooperation to those persons with whom I associate in ministering to the mentally ill.

All of which I pledge, on my sacred honour.





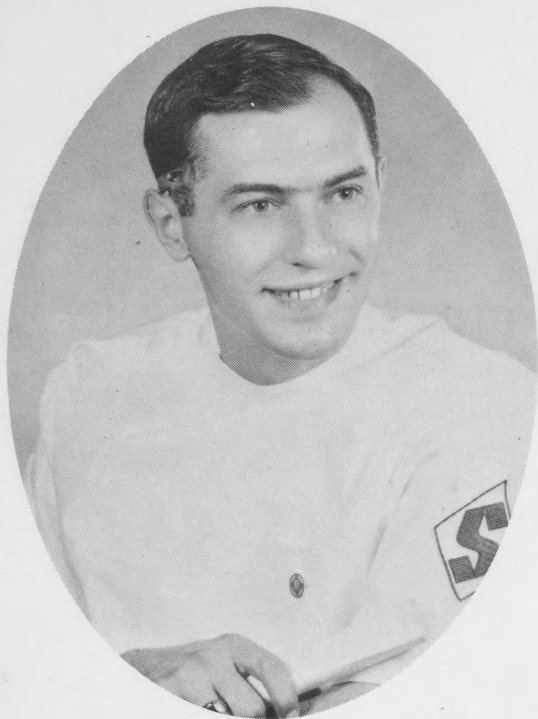
Valedictorian

Today, marks the achievement of our goals as professional Registered Psychiatric Nurses. Our past three years, as students, have been happy ones but not without incident. We cannot honestly say we are without regrets at leaving our student days behind, but we now look forward with anticipation to the second phase of our careers, that of graduate Psychiatric Nurses. Though some of us will go on to further our educations in this and other fields, and though many of us may continue our professions at various distant hospitals, none of us are likely to forget our student days at Selkirk Mental. We not only earned our diplomas in Psychiatric Nursing, but acquired an invaluable experience in life and in living. The knowledge we have acquired is a priceless tool in helping us to understand ourselves and others, and will help us to live a more tolerant and happy life.

We are very proud of being involved in the rapidly advancing field of Mental Health. In our three years as students, we have witnessed many changes in our hospital, and in Psychiatric Nursing. The nursing curriculum is being constantly revised, to keep abreast of the advances. We know that a great deal of our knowledge is already, or will soon be incomplete or obsolete. If we are to advance in our chosen field, we realize we must remain as students of change and accept the newer nursing techniques and the modifications of the old.

We take this opportunity to thank our School of Nursing, Instructors, and Instructresses for the patience, guidance, and understanding shown us through our student years. We are also grateful to our Ward Supervisors, the Doctors and all other Hospital Employees who have contributed their time and services. May we go on to become graduate nurses, worthy of the opportunity to pass this knowledge on to those who follow in our footsteps, may we do so with the patience and forbearance that you have.

Ralph McFadyen



Victor Heschel

Vic is the daddy of our class and never really seems to know what is going on. Favourite expression "Do you think this is what he wants." He is most interested in Psychiatry. Future ambition - Supervisor of E-17.

"To be content with little is difficult; to be content with much - impossible."



Lucy Cunningham

Slight and blonde, Lucy is known for her witty sense of humour, loyalty, and growing collection of L.P.'s. Her conscientious and amiable nature should prove to be valuable assets, to her nursing career.

"Down in their hearts, wise men know the truth;
The only way to help yourself is to help others."



Walter Kowalchuk

The crew cut lad thought he'd be one of the gang and grew his hair. This of course created problems. He is the only member of our class who can change his car twice in one year. Future plans, instructor in Ward Administration.

"What do we live for, if it is not to make life less difficult for each other."



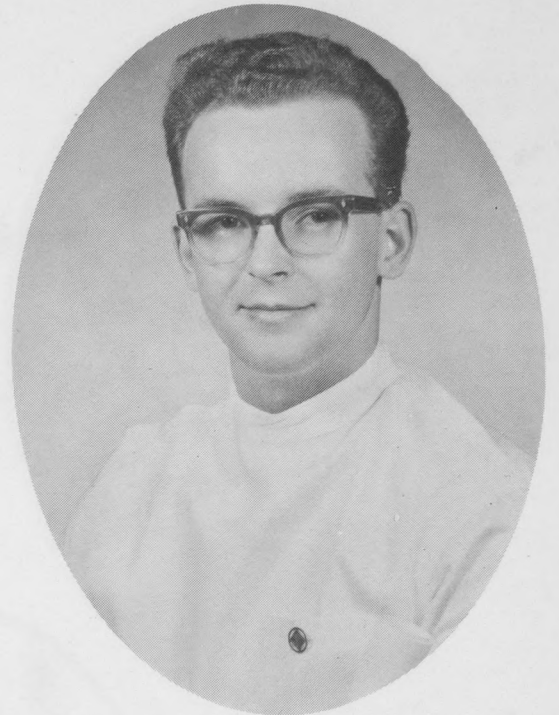
Alice Innis

Sincere, understanding, good listener, and a firm believer in the goodness of mankind. Truly, Alice has been blessed with the fine qualities of an efficient, loyal nurse, homemaker, and mother.

"Sedate, dependable and reserved
Life's gains by her are all deserved."

Ralph McFadyen

Ralph is well-known for his broad smile and keen sense of humor. He has frequented the Nurses' Res. for the past three years and has finally found what, or is it whom he wanted. His future looks bright in the field of Psychiatry. "The more we give to others, The more we are increased."



Carole Linklater

Although silence is her virtue, she can make herself heard when the occasion arises. A capable nurse, sincere friend with a keen zest for life. Carole is an avid sports fan, who is also artistically inclined.

"All the darkness of the world cannot put out the light of one small candle."

Joan Smith

A winning smile, a heart of gold and a sincere interest in people, makes Joan a loyal friend, with all the fine qualities of an efficient nurse.

"I cannot always look at things From all their many sides, Nor can I always know the thought My brother's action guides."



Mabel Sigvold

The girl with the twinkling eyes, a broad smile, and proverbial "gift of the gab." Mabel is voicing her political views and is a firm believer in her creed. Mabel should go far in the field of nursing.

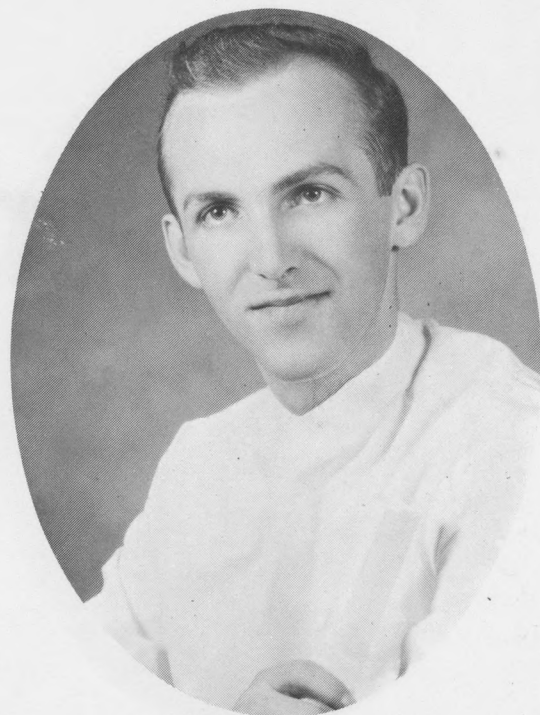
"I have but one lamp by which my feet are guided and that is the lamp of experience. I know no way of judging of the future but by the past."



Eileen Carlson

Eileen displayed unsuspected talent as editor of Horizon '65. A quiet, sincere girl, who has proved herself a reliable member of our class. Favourite saying "Never do today what you can put off for tomorrow." Good luck in future endeavours.

"All time and effort to help begins with self humiliation: the helper must first humble himself under him he would help, and therefore understand that to help does not mean to be a sovereign but to be a servant."



Neil Bruneau

Neil - A local boy enjoys wine, women, and song. In spite of this, he is an efficient nurse and should be most successful in the field of nursing.

"Change can be advanced by associating with men with whom you can walk among the stars."



Dave Johnson

Dave graduated from Selkirk Collegiate and is an active member of the Hockey team. He finally ended his weekend trips to Melville by walking down the aisle in June of '64. The best of luck in the future.

"The good man is not so much he who has no faults; but he who is striving honestly to overcome them."

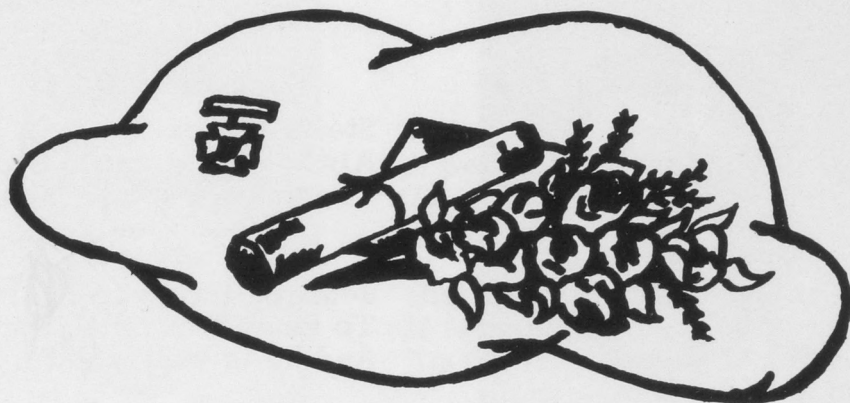


Maria Elek

Studious, ambitious, always available for the right answer. "She is not content until her better is best." Her fine nursing qualities and keen interest in the world about us should take her far afield in furthering her education.

"Empty and dark shall I raise my lantern, And the guardian of the night shall fill it with oil and he shall light it also."

Seniors

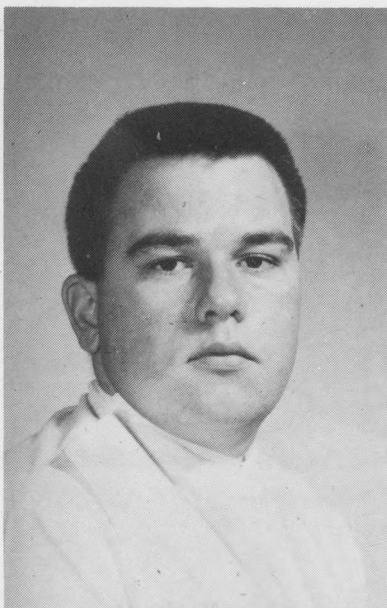
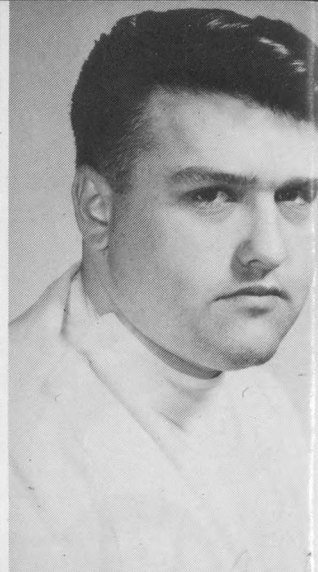


9/12



Terry Demseys
Her voice was ever soft and low
She's an asset to our class we know.

Todd Forrester
To be strong in will, to seek, to find,
Wisdom lies in peace of mind.

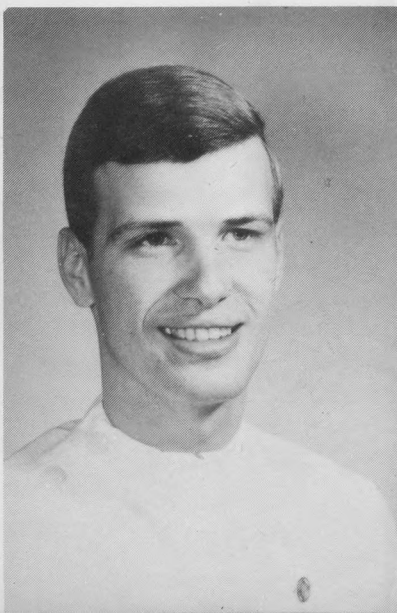
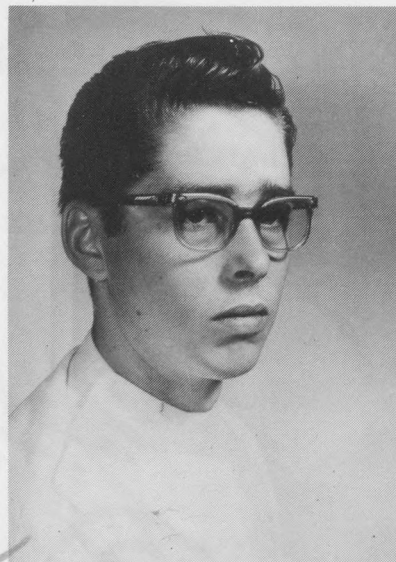


Stella Eftoda
Always a big smile for all
The answer to the nursing call.

Jeurgen Hartman
To know him is to like him
And he is well-known.

Wayne Asham
He gave most care to study and most heed
Never a word he spoke beyond his need.

Sharon Gamey
In her head wisdom lies
Genuine friendship in her eyes.

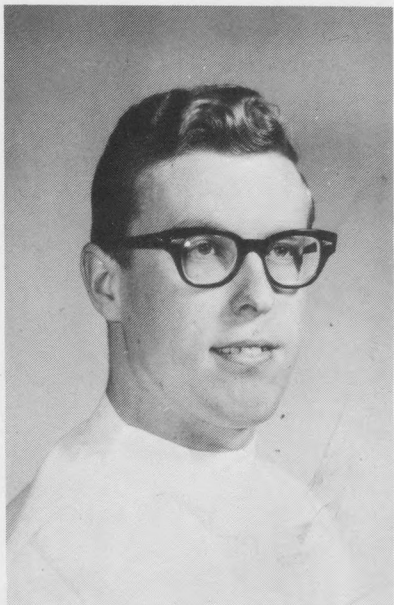
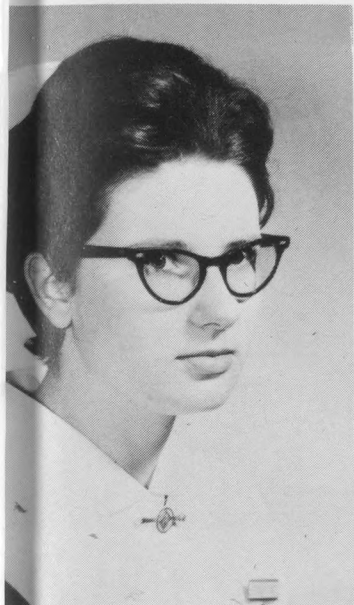
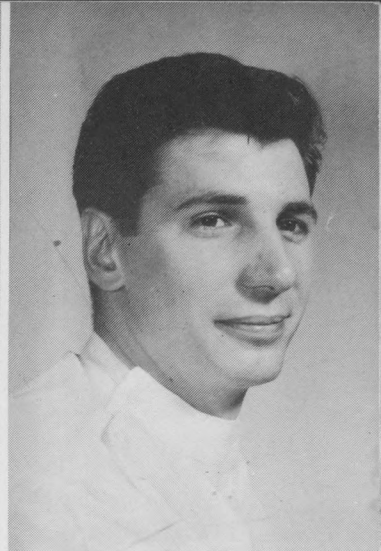


Marlene Hoffman
Her ready smile given to all
Her store of friends will never be small.

Clarence Mackie
High aims form high character
And great objects bring out great minds.

Lucille Sookochoff
 Her hands are strong to comfort
 Her knowledge quick to heed
 She knows the sign of sickness
 And the voice of need.

Jim Kowalchuk
 If it wasn't for his good looks,
 sparkling personality, and outstanding
 ability,
 He'd be a failure.

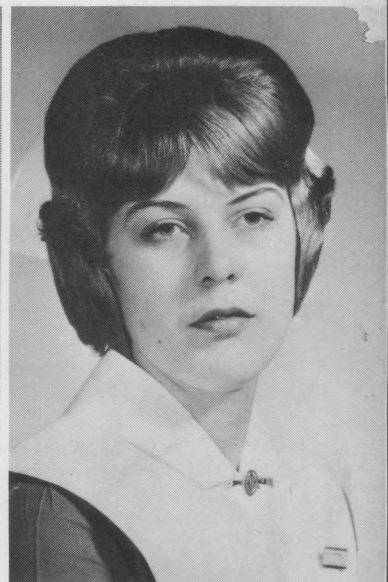


Freda Patterson
 A perfect woman nobly planned
 To warm, to comfort and command.

Bill Leyland
 If friendship is vowed,
 To the last article it will be followed.

Bob Neufeld
 Deeds are better than words
 Actions mightier than boastings.

Lois Stevenson
 Sedate, dependable, and reserved
 Life's gains for her are well deserved.



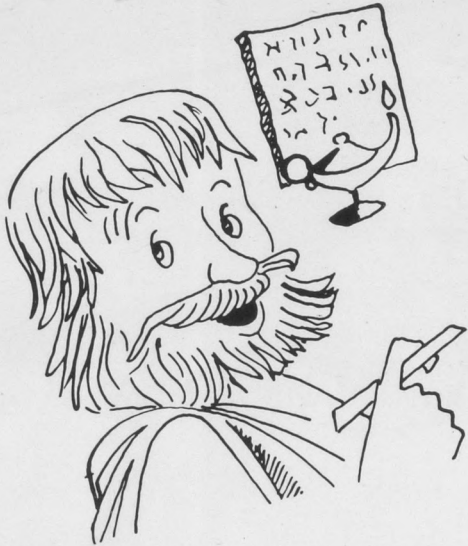
Arthur Milne
 Ah, why should life
 All labour be.

Elsie Widish
 She is with goodness blessed
 Which will gain her name of best.



Phyllis Popwich
Careful, studious and content
This mind on pleasing others bent.

Leyah Laughlin
Stead fast manner
Initiative is her banner.



Eleanore Kaczmar
They are blessed indeed
Whom she doth befriend.



It was so bright a summer day
We hoped we were all here to stay
We did not constantly think of play
As we almost never do today.

Yet came the time, the moment of truth
When exams diminished our first year troupe
And now we sigh as we extend
Our thanks to a second year that will end.

"Yet you are not finished," comes the cry
And oh, how well we know it.
The sun shines brightly in the sky
But our hearts don't all show it.

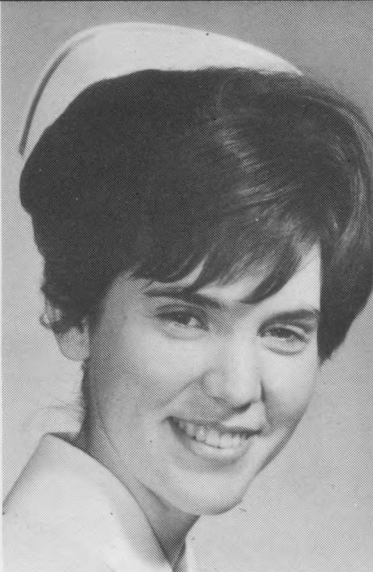
For good or bad we will go on
And try to sing a happy song
And when next year, (our third year) comes along
(That is, when we can do no wrong)
We'll sing out loud and be content
That these three years have been well spent.

A. T.

Seniors



Joan Ronald

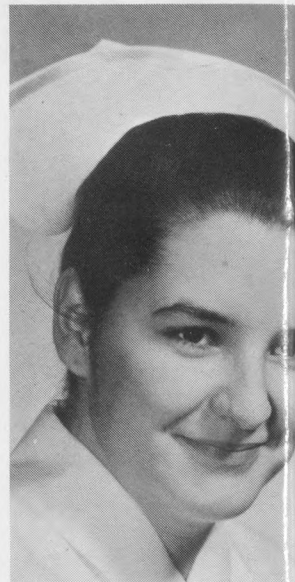


Olga Halko

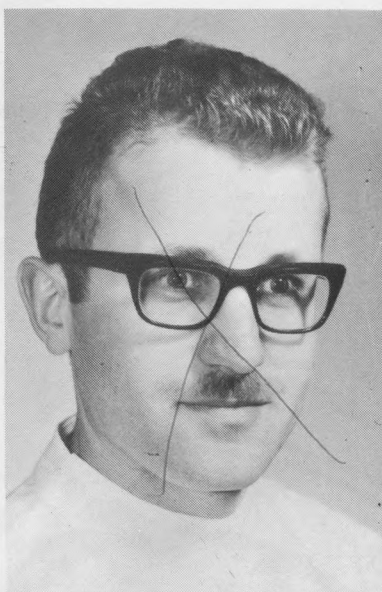
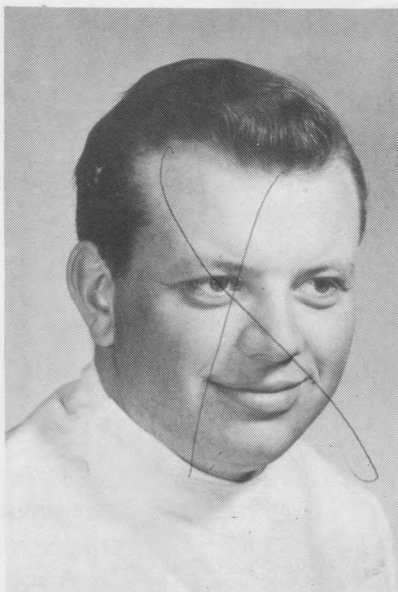


Ruth Steeves

Yvonne Letourneau



Brian Morden



Franz Kanies



Marjory Fiddler

Diane Kruckowski



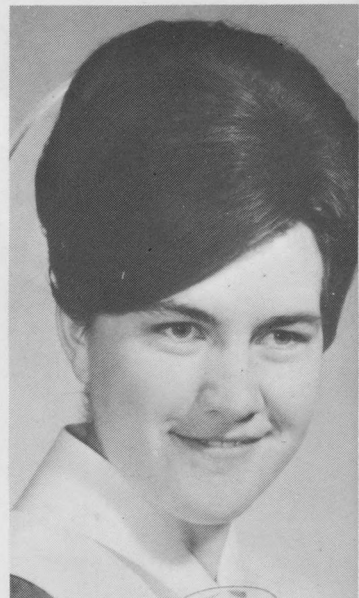
Sharon Mackay



Anne Marie Boijoli



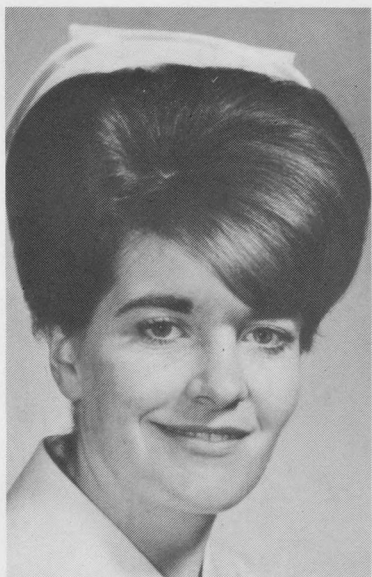
Giliola Fabiani



Linda Zielke



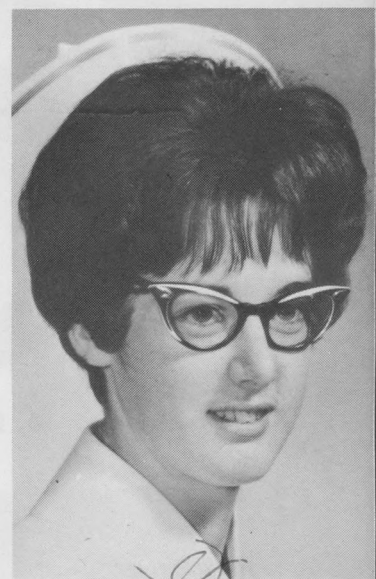
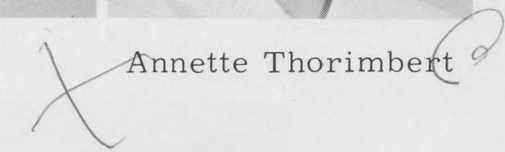
Suzy Penner



Mary Kenny



Annette Thorimbert



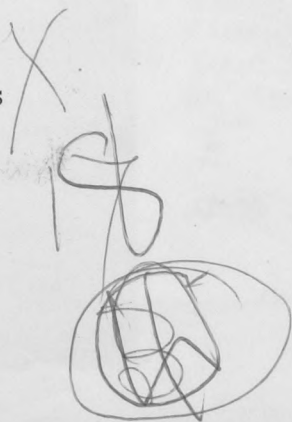
Carol Coward

Judy Swain



Missing

Margaret Stobbs



Plus
Larry
Somako

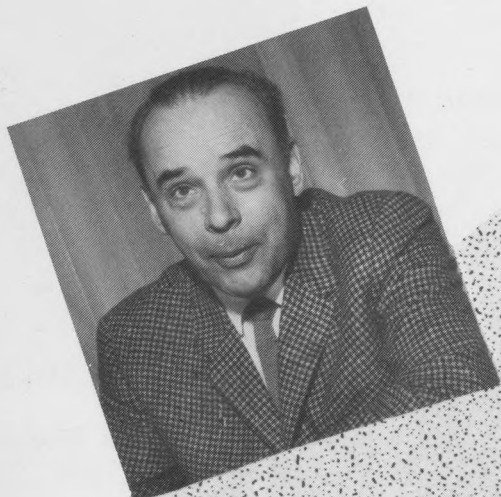
Medical Staff



Dr. Kovacs, M.D.



Dr. Pacher, M.D.



Dr. Nakielny, M.D.



Dr. Henderson, M.D.



Dr. Abbott, M.D.



Dr. Tavener, M.D.



Dr. Bartman, M.D.



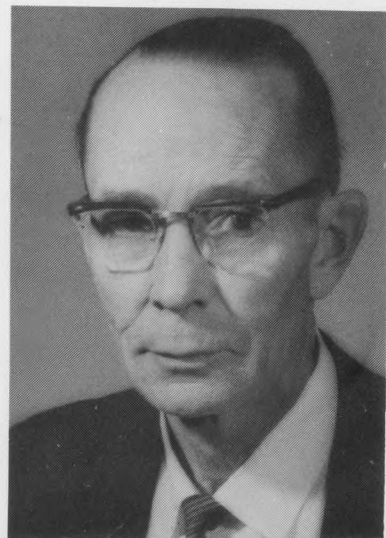
Dr. Soong, M.D.



Dr. Rodgers, M.D.



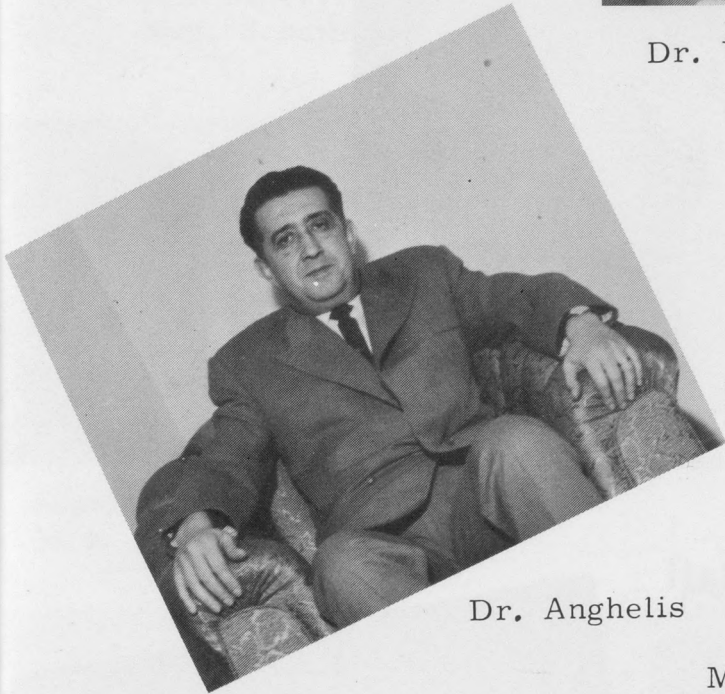
Dr. Johnson, M.D.



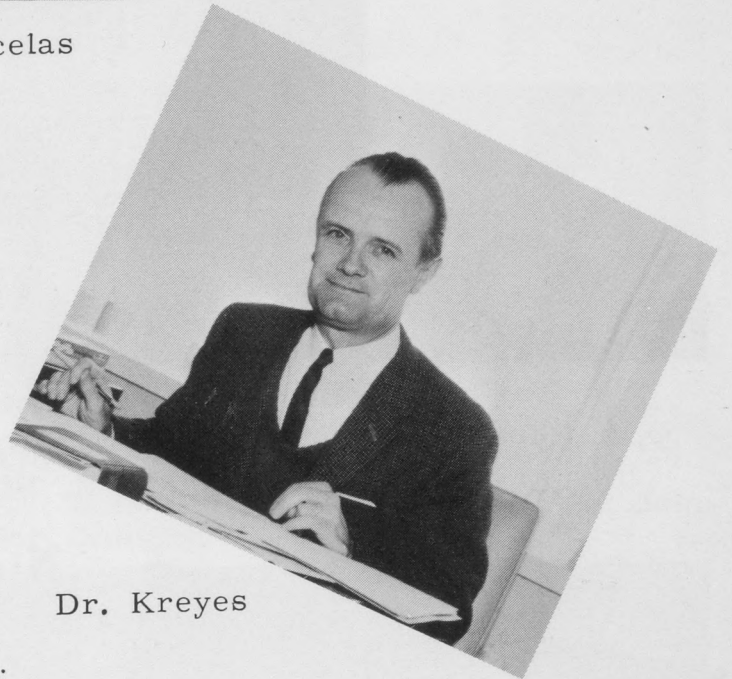
Dr. Creasy, M.D.



Dr. Vasconcelas



Dr. Anghelis



Dr. Kreyes

MISSING:
Dr. Hollo

PLEA TO AN M. D.

The doctor is a worthy gent;
His patients claim he's heaven sent.
The man is knowingly erudite;
But Holy Cats! He just can't write.

The surgeon's hands are deft and skilled,
The surgeon's head is know-how filled.
Yet why - since he is so doggone bright,
Cannot the surgeon learn to write.

Dear sons of old Hippocrates,
Pray hear a troubled Nurse's plea!
Remember that the boys and girls in white,
Have got to read the stuff you write!

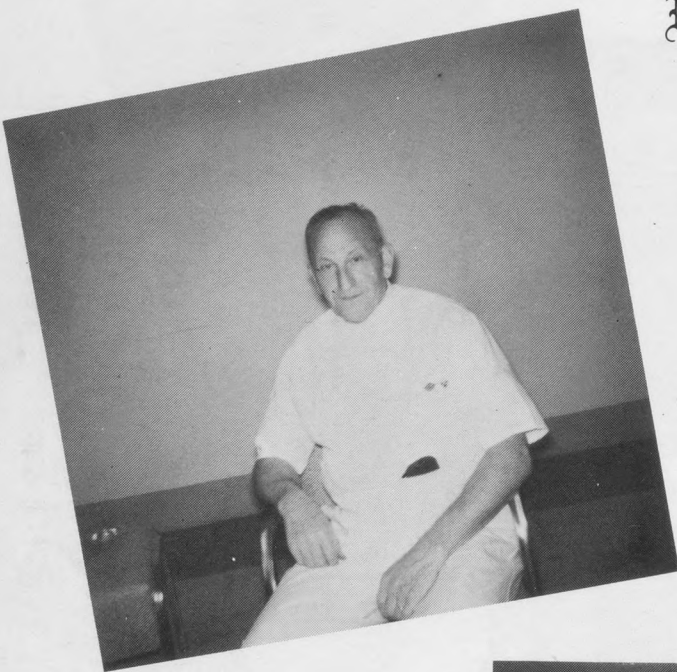
Your physicals and Histories,
Like Dead Sea Scrolls, are mysteries.
Your order sheets make nurses squint,
So please, dear sirs write right or PRINT!

Central Nursing Office Staff



Mr. C. Barnard, Mrs. M. Jensen, Mr. Fedorchuk.
MISSING: Mr. A. Barnett.

Night Staff



Supervisors:
Mr. J. Winnemuller R. N.,
R. P. N.
MISSING: Mr. Gray, Mrs.
Richard.



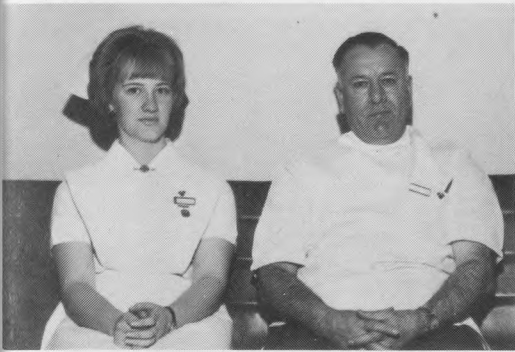
Graduates:
Mrs. Henkewich, Mr.
Duguid, Mrs. Sitka.
MISSING: Mrs. McLeod,
Mr. Karlenzig, Mr. Cook,
Mrs. Slipetz, Mr. Wendle,
Mrs. V. Linklater, Mr. L.
Linklater, Mr. Dorosh,
Mr. Harper.

Nurses' Aides
MISSING: Attendants



Unit Supervisor
Mrs. Schmid

S.P.I. Unit Staff



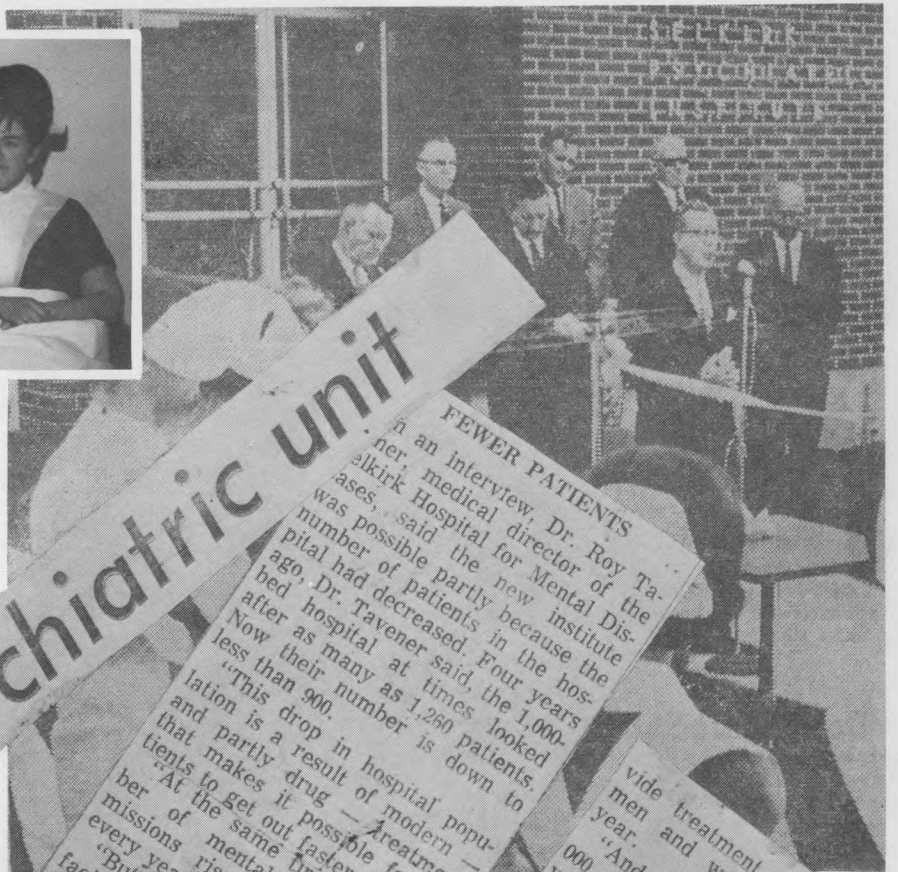
Supervisors:
Mrs. Poponick, Mr. Smith.



Graduate Staff:
Mr. Setter, Miss Moreno, Miss Connell, Mr. Linklater.
MISSING: Miss Morton, Mr. Hayden, Mrs. Solomon, Mr. Niesink.



Nurses' Aides



Premier Duff Roblin Thursday officially opened the 64-bed Selkirk Psychiatric Institute on the grounds of the Selkirk Mental Hospital.

The institute is the first of its kind and size in Canada and was built and equipped for \$350,000 by the provincial government during the past year.

It will serve the Selkirk area as well as rural north and east of Manitoba. Facilities in a three-storey building will provide accommodation for 200 patients at the hospital.

In a statement, Mr. Roblin said the new institute would provide treatment for 400 to 500 men and women alone every year.

He said mental hospital admissions are rising steadily and reached 1,700 last year.

"But the discharges are rising faster." About 600 former mental hospital patients have rejoined the community since 1958.

Roblin opens psychiatric unit

At an interview, Dr. Roy Tanager, medical director of the Selkirk Hospital for Mental Diseases, said the new institute was possible partly because the number of patients in the hospital had decreased. Four years ago, Dr. Tanager said, the 1,000-bed hospital at times looked after as many as 1,250 patients. Now their number is down to less than 900.

"This drop in hospital population is a result of modern treatment and partly drug — treatment that makes it possible for patients to get out faster.

"At the same time the number of mental hospital admissions rises by 25 percent every year.

"But we need less long-term facilities. The need for acute psychiatric beds at General, St. Boniface, Misericordia and Children's Hospital as well as from the Winnipeg Psychiatric Institute, said the director.

At the moment, he added, the Selkirk hospital has 200 acute mental treatment beds and they handled 750 admissions last year. But the new 64 beds will provide

FEWER PATIENTS

vide treatment for 400 to 500 men and women alone every year.

"And all this for about \$10,000 a bed compared with \$20,000 you have to spend on every acute general hospital bed you want to build."

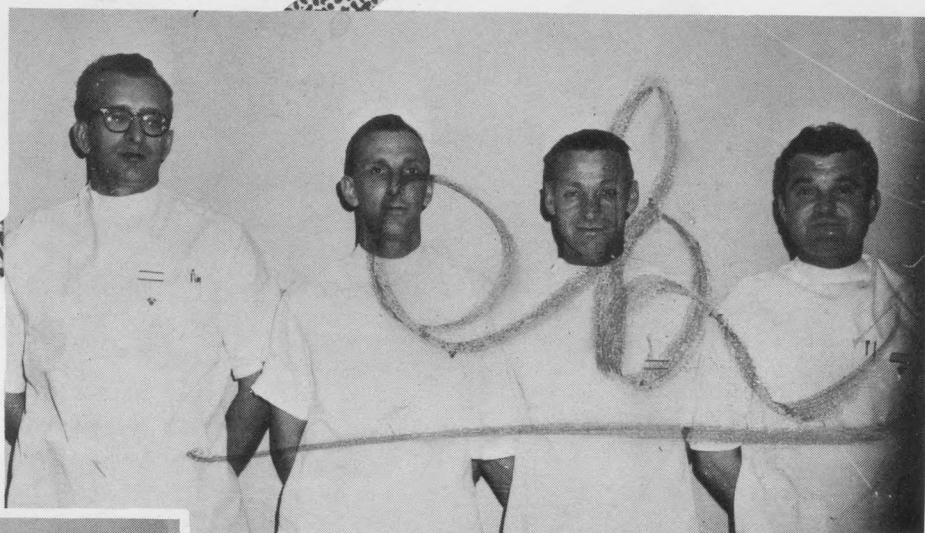
The outpatients department of the new institute has treated several hundred patients over the past two months. The in-patients department will be fully operational in another month.

The institute has a staff of 55 doctors, nurses, social workers and maintenance personnel. Facilities are fully air conditioned and are connected with the main hospital and its kitchen by a tunnel.

Main Building Staff



Unit Supervisor:
Mr. Faulkner R. N.



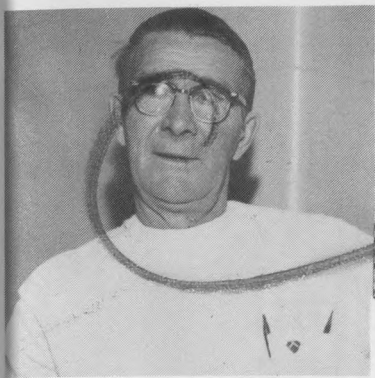
Supervisors:
Mr. Malazdrewicz, Mr. Richert, Mr. Marshall,
Mr. Cholosky.
MISSING: Mr. Hallworth.



Graduate Staff:
Mr. Gowenlock, Mrs. O'Reilly.
MISSING: Mrs. Fedruk, Mrs. Duguid, Mr.
Shipp, Mr. Little.

Nurses' Aides
and
Attendants





Unit Supervisor:
Mr. Brady

Reception Unit Staff



Supervisors:
Mr. Gower, Mrs. Madill, Mr.
Allen, Mrs. Willey, Mr. Vitt, Mr.
Lewis, Mrs. Kordalchuk.
MISSING: Mr. Gunter, Mr. Mc-
Glynn, Mr. Page.



Graduate Staff:
Mr. Cook, Mr. Squirrel, Mr.
Brown, Mrs. Lee, Mr. Mc-
Kenzie, Mr. Bilawich.
MISSING: Mr. Fedruk, Mr.
Goers, Mr. O'Reilly, Miss
Lesser, Mrs. Partridge, Mr.
Lau, Mr. Tigchelaar, Mr.
Adamek, Mr. Kovacs, Mrs.
Sprowl.

Nurses' Aides
and
Attendants

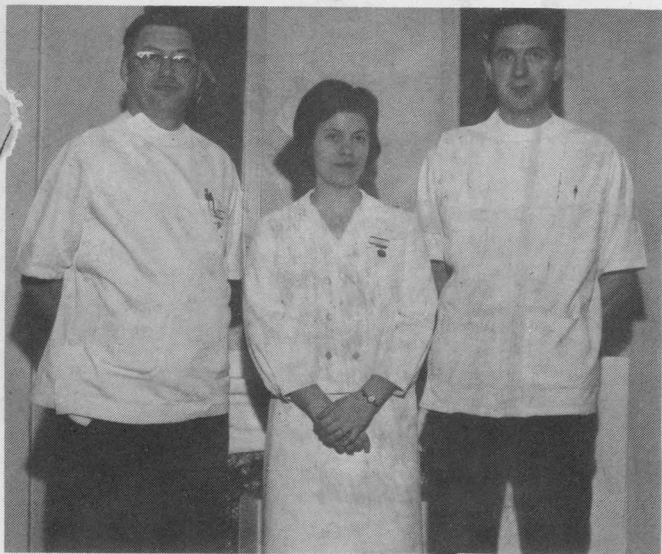


B-Three and B-Four Unit Staff



Unit Supervisor
Mr. West

Supervisors:
Mrs. Goers, Mrs. Pruden, Mrs.
Gimitroski, Mr. Goodman.
MISSING: Mr. Kitchen.



Graduate Staff:
Mr. Demery, Miss Wilson, Mr. Knipe.
MISSING: Mrs. Jefferson, Mr. Light.

Nurses' Aides
and
Attendants



Infirmary Unit Staff



Unit Supervisor:
Miss Ott



Supervisors:
Mrs. Horn, Mr. Laidler, Mr. Wills,
Miss Wuzinski, Mr. Edwards, Mrs.
Gowenlock.
MISSING: Mrs. Jacyk, Mrs. Frost,
Miss McRae.

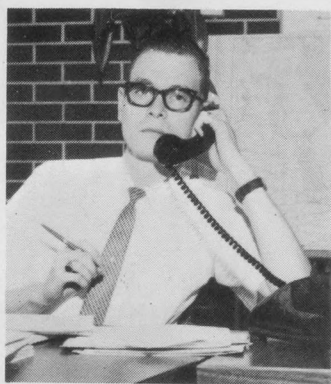
Graduate Staff:

Mr. Anderson, Mr. Innis, Mrs.
Wiess, Mr. Robinson, Mrs. Cook,
Mr. Hrabí, Mrs. Gunter, Mrs.
Gushta.

MISSING: Miss Bukowski, Mrs.
Wendl, Mrs. Waterman, Mr.
Kroeger, Mr. Vohra, Mrs. Geard.



Nurses' Aides
and
Attendants



Mr. Creasy

Social Service Dept.

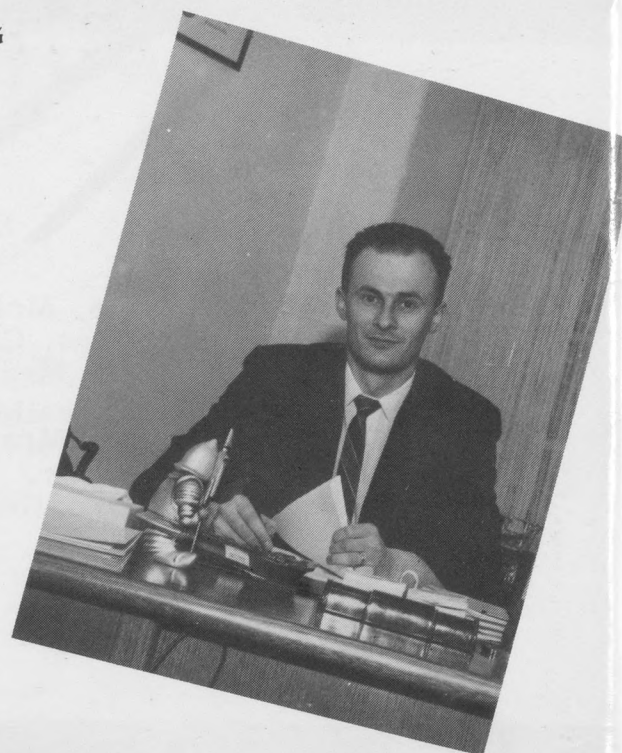


Mrs. Weiermann, Mr. Weiermann, Mr. Heslip,
Mr. Ursel, Mrs. Baines.

Psychologists



Mr. Hall



Dr. Shewchuk

Mrs. Krull



Rehabilitation



Supervisor:
Mr. Fitkowski



Mrs. Macriman



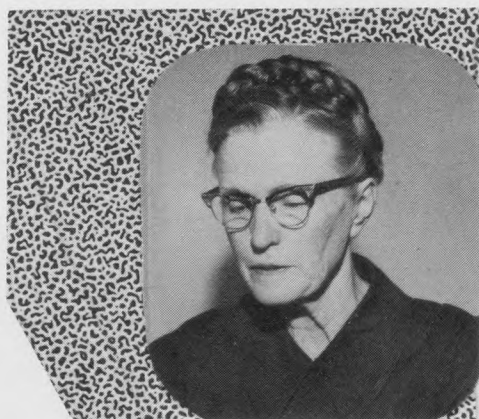
Mr. Langlois



Rehab. Co-ordinator
Mr. Puetz



Grooming:
Mrs. David
MISSING:
Mrs. Rohs



Occupational Therapy

Miss Thorsteinson

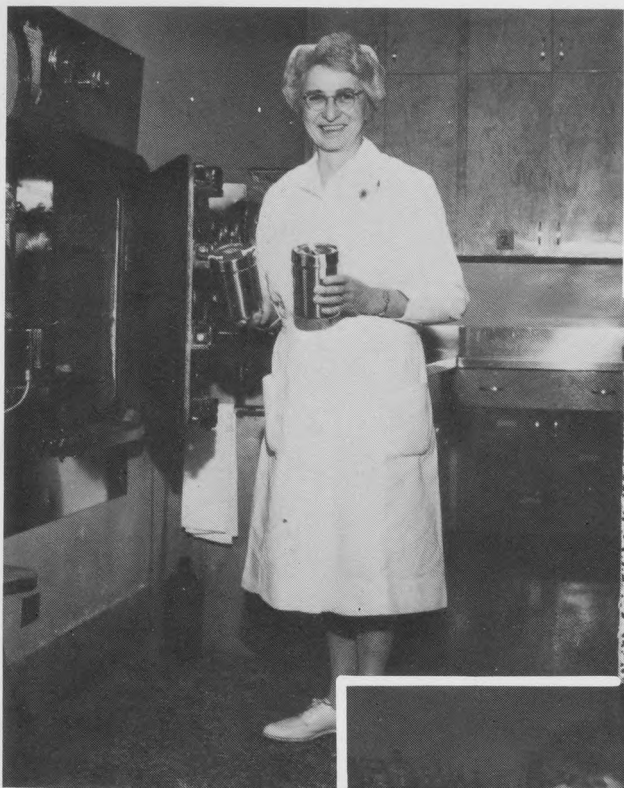


Recreation
Mr. Stefanson

Occupational Therapy Staff

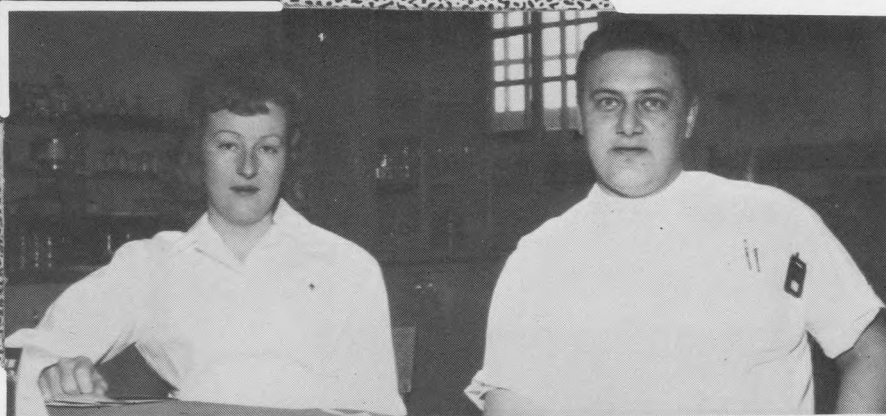


Director of
Recreation
Mr. Myall



Mrs. M. Sutherland R. N.
O. R. Supervisor

Laboratory Dept.



Miss M. Switzer

Mr. R. Dyck

X-Ray Dept.

Mr. H. Moffatt



Pharmacy

Mrs. H. Fedorchuk





HOUSEMOTHERS

Mrs. Miller

Mrs. Brown

Mrs. Robertson

Mrs. Tulloch



Mrs. Buys



Miss Spencer

DIETITIANS



Miss Tergesen
Housekeeper

FARM



Mr. Harper

POWERHOUSE

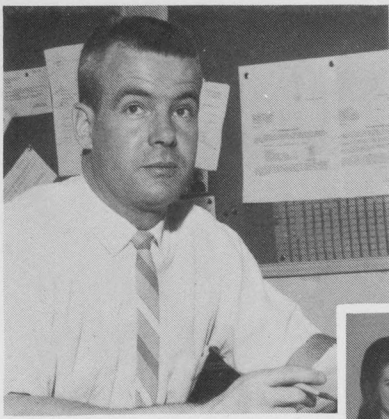


Mr. Swain

LAUNDRY



Mr. Brown



Mr. Cartlidge

Business Administration



Secretarial Staff



Message From Grace Affiliates

Our Selkirk Affiliation was considered a most valuable experience. We came with the objective of better understanding mental illness, its causes and its prevention - an objective which was fulfilled. We feel that we have benefited as nurses for we will be better able to deal with our own general hospital patients; emotionally, as well as physically.

We would like to thank-you all, staff and students for the friendship and hospitality you have extended to us.

A special thank-you to Mr. Martyniw, Dr. Nakielny and Dr. Pacher for their most interesting clinics and lectures.

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Affiliation

at Grace



Captain Johnson



Mrs. Smith
Supervisor



Miss Penner
Nursery

As with previous classes we the Grads of "65" affiliated at the Grace Hospital. This year we were sent in two groups of three. We enjoyed working at Grace and appreciated the experience gained which added greatly to our unlimited store. We worked on such wards as 3-West Surgical, where Mrs. Pratt was most understanding and helpful; 2-Center Medical, with Miss Fehr; and Maternity and Nursery under the guidance of Miss Hamilton, Mrs. Harrington, and Miss Penner.

The teaching of P.P. care and "folding pads" were the highlights of our days on Mat.

Special thanks to Mrs. Smith and the staff of Grace for making our affiliation a memorable experience.



Mrs. Bond
1st Maternity



Miss Fehr
2-Center



Mrs. Harrington
2-Maternity

Miss Hamilton
1st Maternity



Mrs. Pratt
3-West

Affiliation at Portage La Prairie



Mrs. Wilson



Miss Ditchfield



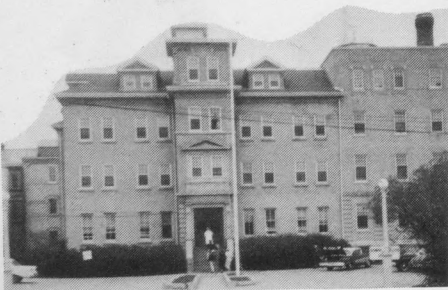
Nurses' Residence

Portage la Prairie Affiliation

As the summer of 64' changed her dress of tranquil blues and green to one of vivid yellows and reds, we the graduates departed for our six weeks affiliation at the Manitoba School for Mental Defectives at Portage la Prairie.

Through the media of lectures and classes we gained valuable insight and knowledge of Mental Deficiency and the care provided. Dr. Gibson and Mrs. Wilson were our most able instructors.

May we extend a special thank-you to Dr. Gibson, Mrs. Wilson and the hospital staff for making our affiliation a most valuable and enjoyable experience.



Main Building



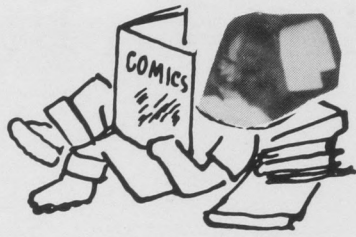
Atkinson Building



Infirmary Unit



Boys' Cottages



Activities and Features



Sports



"Bisons"-Baseball Team



M. G. E. A. Hockey Team



S. M. H. Staff 5 Pin Bowling Club

Saturday, May 15, was the climax of the '64-'65 bowling season. The Annual wind-up consisting of a banquet and dance was held at the Selkirk Curling Club. All reports have led us to believe that the evening was enjoyed by all in attendance. The highlight of the evening was as always, the presentation of trophies by Mr. G. Coutts, Honorary member of the Club. Trophies were awarded to the following.

Club Championship - Mr. Bert Oig and team.
 Hi Aggregate - Mr. Al Cartilidge and team.
 Consolation Award - Miss Marie Switzer and team.
 Ladies' Hi Average - Mrs. Marlene Cooke.
 Men's Hi Average - Mr. Bert Oig.
 Ladies' Hi Triple - Mrs. Marlene Cooke.
 Men's Hi Triple - Mr. Bert Oig.
 Ladies' Hi Single - Mrs. Marlene Cooke.
 Men's Hi Single - Mr. Jim Kowalchuk.

Congratulations to all winners and the best of luck to everyone next year!

S. Poponick
 President



Our Yearbook Tea

Our annual Yearbook Tea was held on Friday, May 14, 1965 in the sitting room of the Nurses' Residence.

The night before the Tea found us all busy until the wee hours of the morning - sewing, knitting, ironing, and icing cakes. The following morning we made stacks of sandwiches and set up the tables.

The Tea commenced at 2:00 P. M. finding us short a silver tea set and no coffee. However, despite these necessities our Tea was a huge success.

Many thanks to the Doctors who volunteered their time to pour tea, also Miss Lethbridge and Mr. Brown who looked after the silver collection.

Last, but not least all those who helped with donations and those who attended. We hope you enjoyed the Tea, as much as we enjoyed putting it on.

Congratulations



Mr. and Mrs. V. Heschel

April 28, 1964



Mr. and Mrs. D. Johnson

June 13, 1964



Mr. and Mrs. A. Cunningham

March 13, 1965



Mr. and Mrs. K. Innis

July 2, 1964

New Arrivals

Karen Dawne Heschel



Yvonne Innis



Missing:
Mr. and Mrs. C. Smith

August 31, 1964

Selkirk Regatta



Our entry in 1963.
"Imagine, we even won a prize!"

A beautiful entry by C.M.H.A. 1963.



Our candidate in the Miss Selkirk contest 1963.

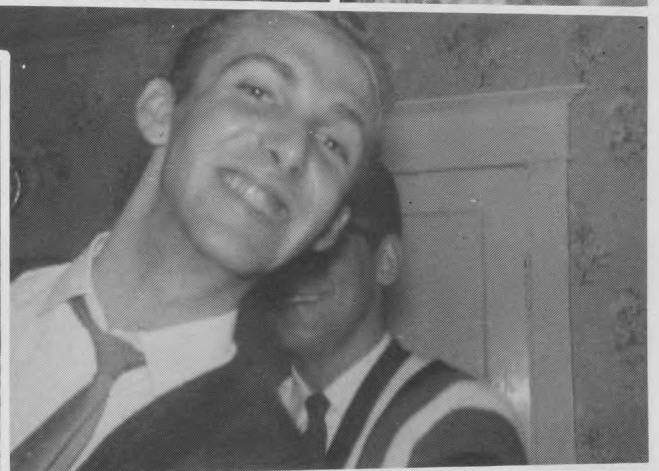
Our entry in 1964. "We didn't think we'd make it up town."



"Where is that float? We're going to be late for the parade."

Candidz





"SHAKESPEARE SAID IT"

ON ADMISSION: "O, that a man might know. The end of this - e'er it come."

The Ward Supervisor: "Tis a great charge to come under one body."

The Hot Water Bottle: "Come let me clutch thee. I have great comfort from this fellow."

Doctor's Examination: "For mine own part it was Greek to me."

Medication: "Put this in any liquid and drink it off."

Hospital Gown: "You all do know this mantle."

Dressings: "That was laid on with a trowel."

Doctor's Notes: "Can you not read it...is it not fair writ?"

O. T.: "Though this be madness, yet there is method in it."

Special Diet: "Those palates...must have inventions to delight the taste."

Night Time: "...and sleep, that sometimes shuts up sorrow's eye, steal me awhile from mine own company."

Discharged: "Beggar that I am, I am even poor in thanks.
Oh Lord that lends me life, lend me a heart to
replete with thankfulness."



Graduating Class of 1963

Awards 1963

Gold Medal: Miss Robertson

Silver Medal: Miss Wuzinski

Bronze Medal: Miss Bagamery

Second Year Award

Miss Morton

First Year Award

Miss Elek



In 1960 a new programme was set up in the field of Psychiatric Nursing, known as the Psychiatric Nurses' Act. The classes of 1963 and 1964 were the first two classes to graduate under this new program.

In 1963, gold, silver and bronze medals were first presented to three members of the graduating class. The Dr. Edward Johnson Gold Medal is given for General Proficiency, the Silver Medal for Theory and the Bronze Medal for Proficiency in Clinical Practise.

These medals are awarded annually on the basis of progress, ability and interest shown by the Graduate throughout his or her training period in the field of Psychiatric Nursing.

Graduating Class of 1964



Awards 1964

Gold Medal: Miss Morton

Silver Medal: Mrs. Batson

Bronze Medal: Miss Wilton

Second Year Award

Miss Carlson

First Year Award

Miss Stevenson
Mr. Machie

M. J. Brunau

Clarence Mackie S. Danes

Mrs J. Bennett

Mrs. J. Brunau

A. Neufeld

R. Hansen

A. Thorimbert

R. D. W. Taylor
Mrs. J. Thorimbert

L. D. Wilson

Alex. Cunningham

L. W. Lee

L. W. Becking

H. Whaley

D. Halke

L. Laughlin

D. G. Rogers

R. Roberts

M. Biddle

Maria & Jack

Andrea Connell
K. Schmitt

Lois STEENSON

Linda Zielke L. E. Henderson
C. Linklater.

W. G. G. G.

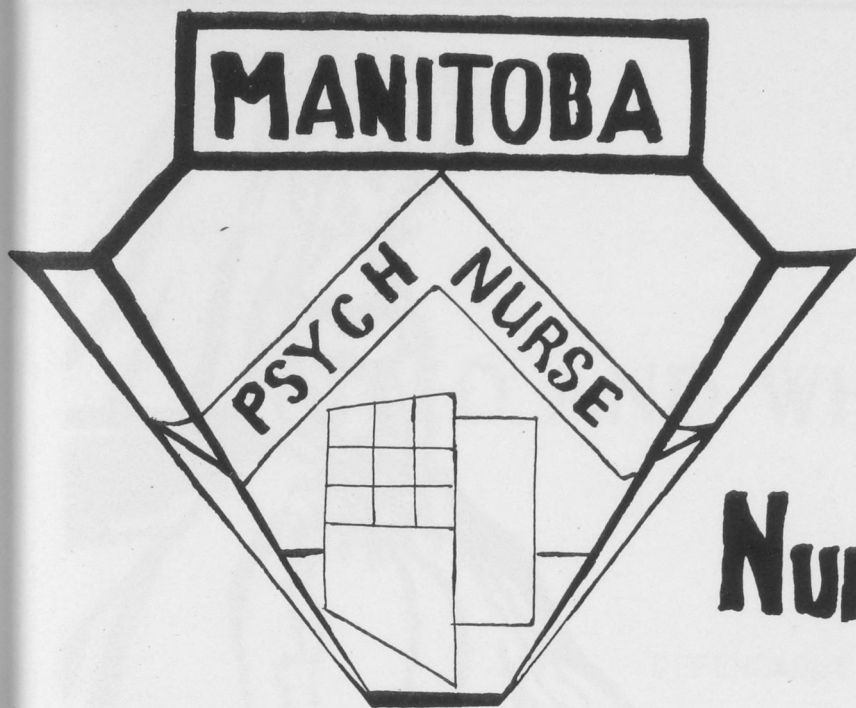
M. C. Stobbs

Mabel Sigvaldason

Elise A. W. W.

Marlene Hoffman

Joan Smith



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Nursing Association
of
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Secretary:
D. Gibson Jr.
Registrar:
R. Armstrong



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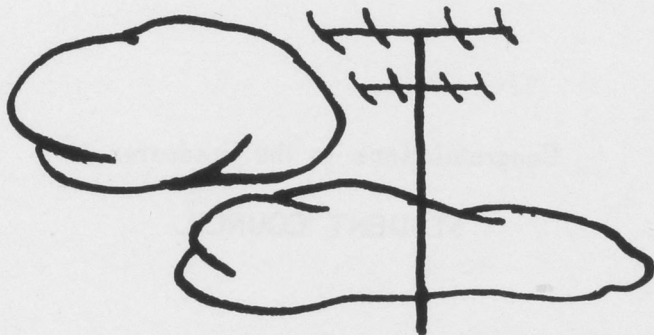
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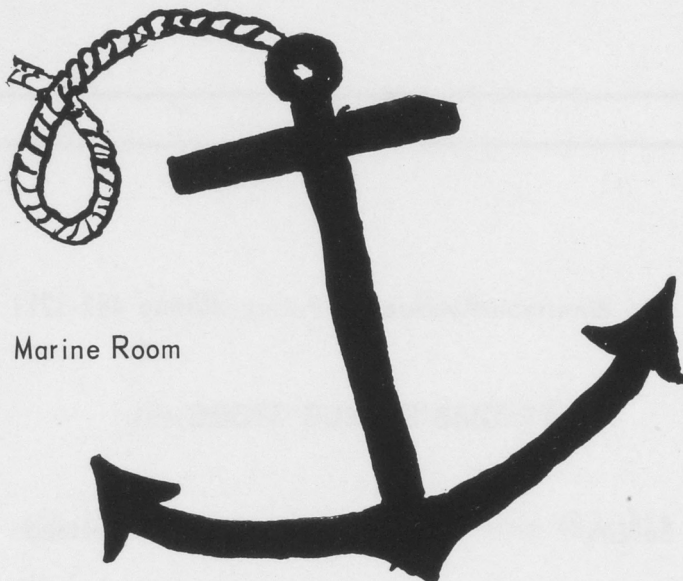
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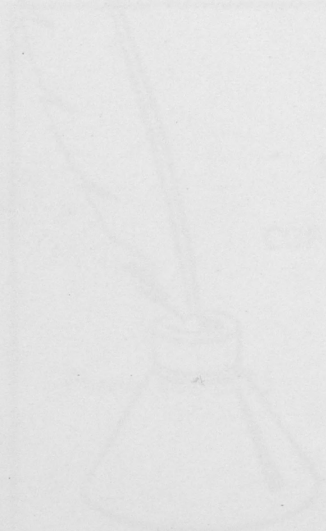
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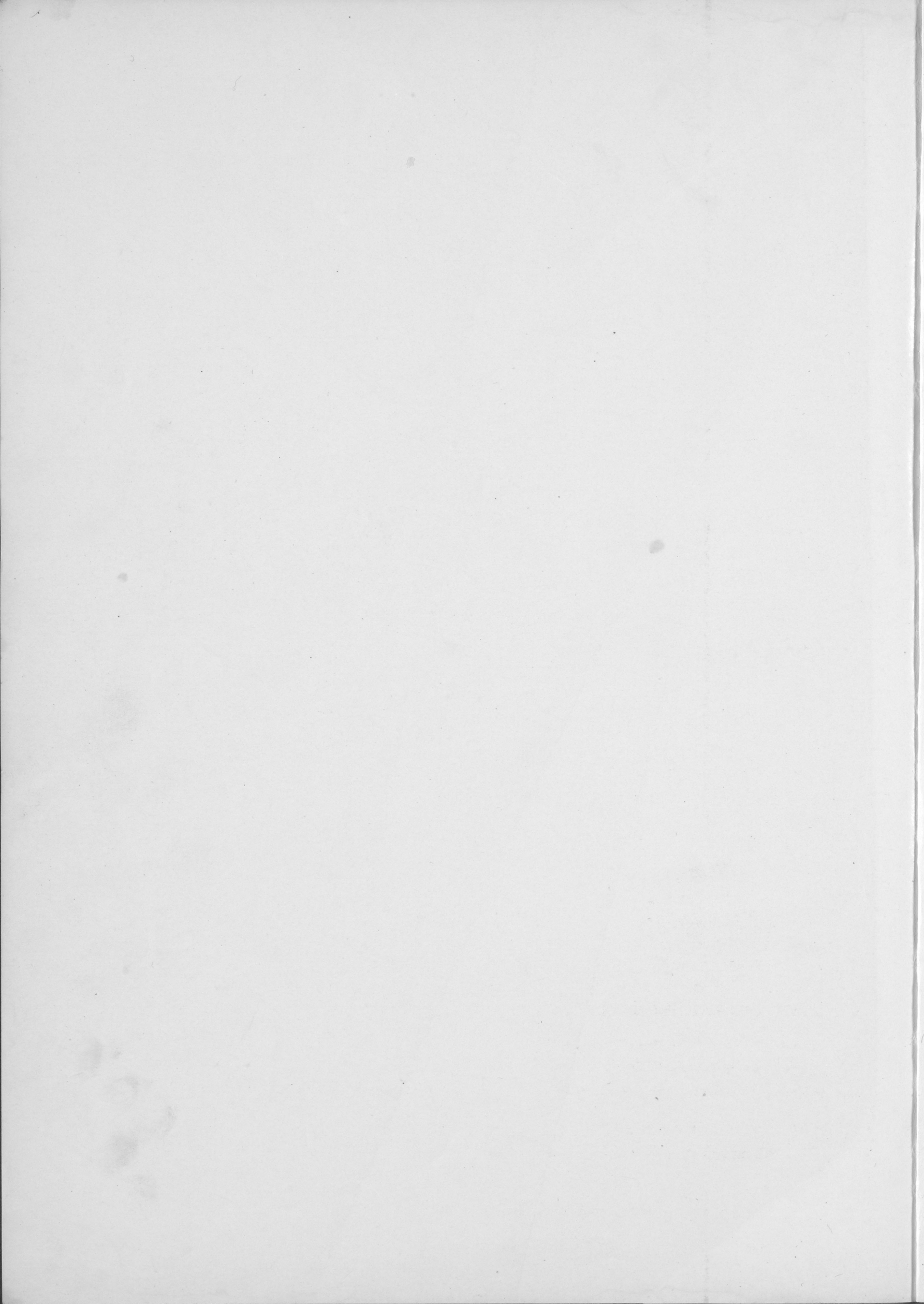
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